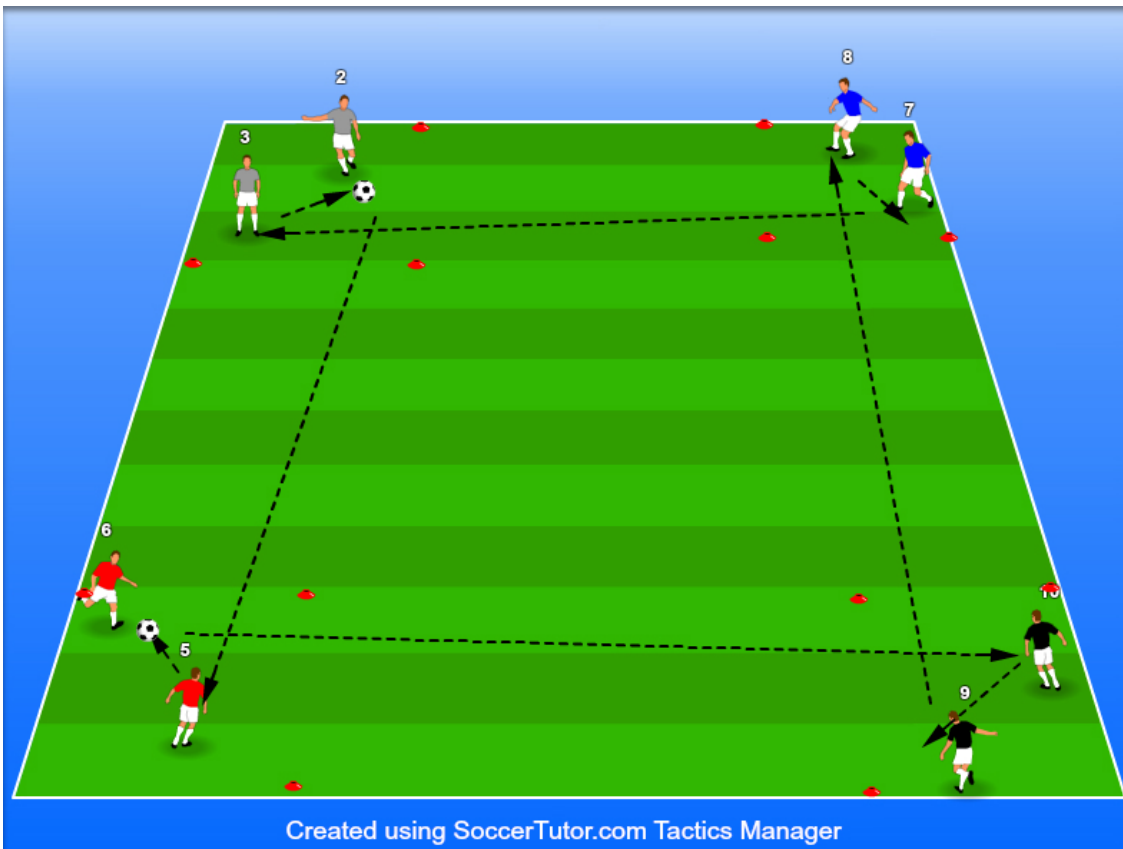




Tactics Manager

Long Passing Square



Date: 13/Apr/2016

Measurement: 20 x 20 Yards

Time: N/A:N/A

Players: 6

Duration: N/A

Level: U8 - 18+

Objective: Improve passing over varied distances, as well as receiving skills.

Description: Passing drill in pairs. Pass in to any box, one player receives and one passes. Ball can't go back to same box it just came from. Vary the receiver and passer. Points can be awarded for receiving the ball and it staying in the box, or good quality passes from box to box. Vary

Coaching Points: Surface of foot to pass the ball depending on type of pass.
Receiving skills, chest, thigh, foot etc.

Progression: Vary the passing distances to increase/decrease difficulty. Different types of passes, low, low drilled pass, driven pass, swerve pass, chipped pass, high floated pass etc. Receive and pass with less touches in the box, 4,3,2.