



Tactics Manager

Rondos



Date: 13/Apr/2016

Measurement: 10 x 10 Yards

Time: N/A:N/A

Players: 4

Duration: N/A

Level: U5 - 18+

Objective: Retain possession through passing and receiving

Description: Players on the outside keep possession of the ball whilst the person in the middle tries to win the ball. If the player in the middle wins the ball, the person who gave away possession becomes the player in the middle. This game can be played on any sized field with any amount of players in the middle, from 3v1 to 4v2 to 10v4 possession game on half a field. Count how many successful passes they can make, or how often defenders win the ball.

Coaching Points: Consideration for the person who is receiving the ball by passing with the correct speed so the pass is easy to control. Safe control to keep the ball away from the defender.

Progression: Depending on numbers and quality of play, increase the amount of defenders in the middle. Lower the amount of touches the players can have with the ball, 2 touch, 3 touch etc. Put defenders in teams for 1 min & see how many times they can win the ball back.